



Dear Cyndi

Q. — Can you talk about the energetics of Cancer – the cause, the cure and how man-made inventions might affect healing?

A. — There is nothing scarier than a cancer diagnosis. I remember when my dad was diagnosed with lung cancer almost 30 years ago. He battled. He was even given the all-clear twice. I knew the fight was over when I visited him in his hospital room after a procedure, and the curtains were drawn.

My dad loved airplanes. When growing up, he assembled them from parts, creating life out of old carcasses. But when his life neared the end, he did not want to see another plane, not in the sky. Not until his own soul was free from his burdensome body.

There are many causes for cancer, and that makes it a complicated disease to help heal. I am going to outline a few of the most likely physical and subtle causal issues, and cover ways that energy healers can approach this disease both practically and subtly.

Possible Causes of Cancer

We can subdivide the major reasons for cancer into the three areas of physical, psychological, and spiritual.

Physical: Most cancers do have a physical basis, which can include the following.

- **Environmental toxins:** Toxins can cause the mutation of the genes resulting in cancerous cells. These poisons might be environmental, and may include the sun, radiation, smoking, and poor diet. However, there are other environmentally-based challenges creating cancer as well. For instance, minerals depleted from the soil because of modern farming and mining methods, or genetically modified foods.
- **Microbes:** Many cancers are linked to microbes, which can either directly cause cancer, or create the inflammation that can lead to mutations and an inability for the immune system to locate and kill cancer cells.
- **Aneuploid:** This is a big word to talk about cells with abnormal chromosomes that are often present when we are in the womb. They can trigger on during any type of life stressor and cause cancer.
- **Microchimerism:** We have others' cells in our bodies. From being in-utero, our mom's cells are inside of us; our cells are inside of her. Same with older siblings' cells, and also those that transfer in through transplants and transfusions. If our body reacts against these, benign or cancerous tumors can form.
- **Epigenome:** This is a chemical soup around the genes that holds at least 14 generations of our ancestral memories. If cancer lies in our history, it can trigger the same in us.

Psychological: Emotional and mental factors are often at play with cancer, such as through these examples.

- **Abuse and emotional challenges:** People abused in childhood have a greater chance of getting cancer, according to the Purdue Center on Aging. Amongst energy workers, it is commonly thought that negative emotions can make us more susceptible to cancer and other physical problems.
- **Lost dreams:** Did you know that cancer cells resemble fetal cells? A tumor is like an infant, fed by blood vessels that quietly feed it. The immune system literally cannot see or hear those cells, but they sure nourish them.

Spiritual: We can look to the subtle and the soul for yet other cancer-causing issues, to include that which I describe next.

- **Negative subtle construct:** Attachments (like cords and curses) and holds (repressive energies) can encourage cancer, mainly because they drain life energy and insert others' harmful energies. We cannot process energy that is not our own. These intrusive energies cause inflammation, bad patterns, and undue immune system hardships.
- **Psychic templates:** There are subtle energy patterns that can also promote cancer, especially if they create "malignant" reactions, such as the absorbing of others' negative subtle energies.
- **Soul issues:** Sometimes a soul carries in issues resulting in vulnerability to cancer, such as if the soul believes it can learn from the disease. The soul can also be split or in two or more places at once, causing decreased life energy.

When working with cancer, I work intuitively to help the client determine which of these many situations might be causing the presenting symptoms. Typically, the reasons for cancer show up physically, psychologically, and spiritually. To hone into the causal problems, my guiding question is always this:

What has—or is—creating malignancy in your life?

Following are the types of remedies that can help in these arenas.

Actions to Help Heal From Cancer

Select at least one solution amongst each of the following categories to aid a client.

Physical: There are so many physical solutions! Here are just a few.

- Eliminate toxins and inflammation. Help the client research a healthy diet, which will include cutting out sugars and gluten, eating organic, and using programmed water. Studies show that water molecules hold uplifting shapes, so show a client how to send positive energy into their liquids.
- Suggest they work with herbs and other important supplements.
- Consider surgery. Surgery is a good option if a tumor is small.

- Think of new medical treatments and genetic pinpointing. Chemotherapy and radiation is now more specific, and proton therapy is highly useful for many cancers. Nano-treatments, particularly injections of heated metallics, will soon be available. Hyperthermia therapy (heat) is coming on-line scientifically, and treatments like cryotherapy (cold) can reduce inflammation. High-Intensity Focused Ultrasound and the use of various infrared and ultraviolet lights show promise. Immunotherapy, genetic therapy, and immunotherapeutic vaccines are all available. Ultimately I believe that scientists will figure out the use of frequency-based light and sound as well – and as an energy healer, you can apply these ideas *now*.

Psychological: There are so many ways to assist, including these ideas.

- Support a client in feeling their own feelings and using energy work to release others' feelings.
- Help them send healing to the ancestors, which are most likely impacting the epigenetics.
- Use energetics to help them make peace with microchimeric cells.

Spiritual: As energy workers, we can excel in this arena.

- Use intuition to check for soul fragmentation or issues carried in from another life.
- Track the cancer to the chakra most impacted and provide subtle healing from there. For instance, cervical cancer relates to first and second chakra issues; pancreatic to the third chakra.
- Eliminate energetic attachments and holds so that pure freedom is available.

Basically, all cancer healing reduces to spiritual work, or the need to renew the link between the person's essence and the Oneness. That is the nature of grace—love that makes a difference, the ultimate tool in the recovery from cancer.

Let Cyndi answer your Energy Medicine questions in our brand new *Dear Cyndi Q&A* column. Send your questions to info@energymagazineonline.com for a chance to be featured in a future issue.