

MODALITY SPOTLIGHT

# How to Activate Your Lighter-Self Beyond Imagination



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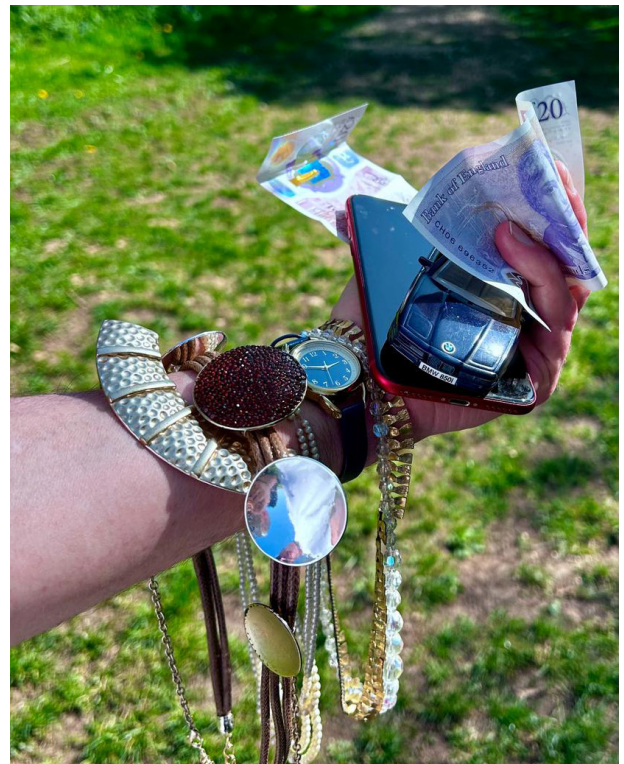
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Ruthie Moriarty & Alan Sanson

Well, the secret is that you do not *really* need to activate it! Your lighter-self has always been, always is, and always will be there – it is you. In this article we take you to the stunning **beyond imagination**, an often unknown part of your Eternal Essence. (Okay, science has not yet proven this in the labs, however, from our personal experiences we feel it to be true!) It happens when we let go of “purpose” and look into the multi dimensional continuum.

In one direction of the continuum is the alluring, enticing, consumerism based, possession of “things.” The “promise” of more and more can be extremely powerful, where communication is there 24/7 and much of it can be negative, frightening or overwhelming. It’s also easy to keep looking in this direction, as it’s tangible, there in front of you. It fulfils a need, but not at our *Soul* level.





## How to Activate Your Lighter-Self Beyond Imagination



We speak from experience, as we have both lived with varying levels of anxiety, worry, anger and stress, which, in the past, caused us to have life-changing breakdowns. We fully understand the survival needs of this life. However, we have both been aware of our lighter-self for a number of years and have learned to surrender, knowing there is far more than the 3D physical, consumer-driven world.

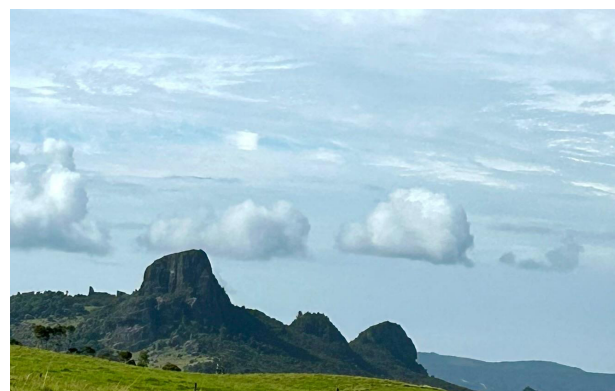
We are often asked how we personally balance the heavy-energy world with that of the lighter realms. This is what we suggest (*also represented in this short movie...[Beyond Imagination](#)*)<sup>1</sup>:

First, be open to the idea. Believe there is a continuum of dimensions and energies. Imagine a line on the ground, which extends a short distance to one side (the “physical”) and stretches further than you can see the other way. If/when you find yourself overly absorbed or ensnared in the materialistic world, or you are over-thinking, then tell yourself to turn your head the other way, even for just a moment, and look along the continuum, aware that it is your conscious choice to use and seek new, lighter ways and to graciously accept what comes. You then start to feel it within your whole multi-dimensional Be-ing.

As you scan the continuum you may come across your imagination, your dreams, your wishes, your visions, all wonderful yet still also limited to your thoughts and experiences. Then, at some stage, you may find things happen to you **beyond Imagination**. These are sublime and the only way we can describe this to you is through a couple of experiences which have recently happened to us. These, and other such events and experiences, have changed us at our most fundamental Soul level, lifting us to lighter dimensions.

Ruthie had visited New Zealand a number of years ago and on a coach tour had seen a particular mountain. She felt a profound need to go to what,

she later found out, was a sacred Māori site. There was a powerful force within her which remained until she was able to return some years later. She had absolutely no expectation of what would happen, she just knew she had to be there - to touch the earth. She found the spot where somehow she knew she had to be. She didn't quite know what to do so she just stood and felt energies guiding her to open her arms in a welcoming gesture.



What she felt was beyond anything she could have imagined. She experienced pure love, feeling energies like soft hands gently touching and stroking her arms, and “welcome, welcome back” being said over and over in the lightest of “voices” somewhere in the ether. She had absolutely no idea how long she stood like that for – there was no time.

She was suddenly aware of her greenstone necklace burning her skin. She was guided to take it off and place it on the ground where immediately it turned cold once more. Again she heard the light voices this time repeatedly saying “thank you” to her. She feels these energies had been waiting for her to return to help them to continue their Eternal journey. She felt tiny, yet at the same time *huge*. A small, yet significant part of the immensity of *All*. A **beyond imagination** experience which changed her forever. Her whole Being was taken to a new level.

Alan was by the coast, the sky was overcast and



it was towards the end of the day. It was windy, the waves were rolling in and crashing against the harbour wall. Alan is not a photographer; he says he simply “takes single shot snaps.” He initially tried to capture the waves, but they were too quick and never appeared where his camera was pointed. Yet he stayed, until the sun popped through the clouds right on the horizon. He thought he would at least try and capture the setting sun. He knew his phone had been moving around in the wind and thought everything would be out of focus.

Once home, he looked at his photos and the tingle he got was exactly the same as the one he has now, writing these words...almost every photo was a stunning image of a wave spray, with the beautiful sun setting behind each one. He has absolutely no idea how this happened, his physical mind saying “I didn’t take these!” Somehow his lighter energies had captured images his physical body never could, and which we share with you in the movie [Stunning](#).




[Magical Wave Sprays](#).<sup>2</sup> This whole experience was totally **beyond imagination**

Once you engage with and start to trust your lighter-self, that’s when “Magic” starts to happen. The more you can trust this, the easier it becomes, and you benefit from it in ways you may never have imagined, leading you to a more positive way of being and engaging with yourself and others.

Our experiences happened all because we let go of “purpose” and looked in the direction of our lighter-selves...into the multi dimensional continuum. We invite you to take a few moments of looking away from the humdrum world, the world of “things” and “targets,” to engage with your lighter-self and accept whatever comes to you. Feel the continuum of dimensions and energies where all is equal. Trust and belief in yourself is all that is required. €

#### References:

1. <https://www.youtube.com/watch?v=IQOxD3XqWiM>
2. <https://www.youtube.com/shorts/IJvNZyRun3g>

 For more information about authors Ruthie Moriarty and Alan Sanson visit: [www.qikigong.co.uk](http://www.qikigong.co.uk)